

Daily Schedule

9 am to 3 pm

9:00 AM	Stretch
9:30 AM	Skill Instruction
10:00 AM	Morning Session
11:00 AM	Pool (optional)
12:00 NOON	Lunch
1:00 PM	Afternoon Session
2:00 PM	Games
3:00 PM	Pick Up

- Registration begins at 8:30 AM the first day of camp.
- There is a \$25 fee for late pickup.
- Campers can either bring their own bagged lunch or purchase pizza.
- Friday session will run from 9 - 12. Please make appropriate pickup arrangements.

**Free camp jersey provided to
All Participants!!**



www.shorethinglax.com



Shore Thing Boys & Girls LACROSSE CAMP 2010

AGES: 7-14

Location:

NORTH EASTON PARK
Easton, Maryland

Dates:

JUNE 21 - 25
9 am to 3 pm
Cost: \$295

Directed By:
Trey Rider



Dear Lacrosse Camper:

We would like to invite you to join us for our 4th Annual Shore Thing Lacrosse Camp. Our staff is working hard to provide you with an experience that will be fun, educational and gratifying for boys and girls.

We hope that you will take this opportunity to improve your game by learning from some of the finest coaches in the region! In addition, you will also learn from top tier collegiate players! Our focus will be on the development of your TOTAL game by working on the fundamentals through individual and small group instruction.

Our staff is committed to making you a better lacrosse player. We hope that you will join us and fully experience the game that has been heralded as the fastest sport on two feet! We are confident you will have a positive experience. Enrollment is limited, so send your application in soon!

Yours in Lacrosse,
Trey Rider

Shore Thing Lacrosse
c/o Trey Rider
29671 Meadow Gate Drive
Easton, MD 21601

REGISTER ONLINE

www.shorethinglax.com
or by mail. . .

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

Age: _____ Gender: _____

Grade: _____

Date of Birth: _____

Position: _____

School Attending: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Insurance Company: _____

Policy Number: _____

Amount Enclosed _____

Please return the completed application and a \$100 deposit by **June 1st** to save your spot. Make checks payable to **Shore Thing Lacrosse**. To ensure the best possible teaching environment, camp enrollment is limited so please apply early.

Clip and mail application to: Shore Thing Lacrosse,
Attention: Trey Rider, 29671 Meadow Gate Drive,
Easton, MD 21601

Balances will be due on the first day of the camp!!!

**For additional information,
please call 443-786-0235 or
visit www.shorethinglax.com**

Camp Staff



TREY RIDER: Director

Rider is a local Eastern Shore boy. He graduated in 2000 from Easton High School. While attending Easton, Rider made the Maryland All-State lacrosse team as well as the All-Shore team. He was also the first athlete in the schools history to receive the High School All-American honor. Following high school he played for The Ohio State University and Washington College. Rider is the co-founder of the Easton Middle School lacrosse program and current head coach of the Easton Middle School varsity lacrosse team.



Current and Past Counselors:

Kelly Berger

TEAM USA;
HEAD COACH, UMBC

Steven Berger

TEAM USA;
LONG ISLAND LIZARDS

Dan Burns

UMD

Andy Copelan

HEAD COACH,
FAIRFIELD

JP Dalton

LOYOLA

Will Dalton

UMD

Brian Ferrell

UMD

Hillary Fratzke

TOWSON

KJ Jones

WASHINGTON COLLEGE

Ashby Kaestner

GEORGETOWN

Christy Kaestner

DUKE

John Kaestner

JOHNS HOPKINS

Jamie Kimbles

UMBC

KJ Langraph

AIR FORCE

Spencer McAllister

UMD

Marie Moorman

UMD

Jed Prossner

PHILADELPHIA BARRAGE

Brian Phipps

UMD

Ben Sandlin

ASSISTANT COACH,
SALISBURY

Todd Spear

TOWSON

Karissa Taylor

UMD

Brian Vetter

WASHINGTON BAY HAWKS

Greg Vetter

WASHINGTON BAY HAWKS

Joe Walters

ROCHESTER RATTLERS

Ray Witte

STEVENSON

Camp Philosophy,

Shore Thing Lacrosse Camp

is a teaching camp designed to make you a better player by polishing your current skills, and introducing you to the same techniques that are taught at the collegiate level. But most of all, we're about having FUN!



Rules and Regulations

1. Each camper must bring his or her own equipment. Boys must bring a stick, helmet, gloves, pads, shoes, and mouthguard. Girls must bring a stick, goggles, shoes and mouthguard.
2. All campers must remain on site at all times. The entire staff is available for the campers throughout the week.
3. All campers who enroll will be required to attend all sessions and comply with all the rules and regulations governing the conduct of the camp participants. Any violation or abuse of these rules and regulations will result in immediate dismissal from camp without a refund.
4. Eligibility: During the day camp week, boys and girls 7-14 are grouped into separate leagues according to ability, age, size and previous lacrosse experience.

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